

Curriculum Map



	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 10/11	Tag Rugby Tennis	Cricket Badminton	Gymnastics Indoor Athletics (Table Tennis)	Basketball Dodgeball	Hockey Squash	Football / Goalball Athletics
Knowledge & Skills	<p>Tag Rugby In this unit pupils will develop key skills and principles such as defending, attacking, throwing, catching, running and dodging. When attacking, pupils will support the ball carrier using width and drawing defence. When defending, pupils learn how to tag, how to track and slow down an opponent, working as a defensive unit.</p>	<p>Cricket Develop technique and performance showing consistency and accuracy in batting, bowling and fielding. Use tactical knowledge and strategy to outwit opponents.</p> <p>Badminton Develop understanding of the basic Laws of the game. Develop technique and</p>	<p>Gymnastics Develop technique in gymnastics to create a routine. Travel, how can we move in gymnastics? Balance, use of tension and extension to create aesthetically pleasing performance - Develop analysis of performance.</p>	<p>Basketball Develop technique and improve performance Passing Footwork Shooting Use tactics / strategies to outwit opponents using the skills above, showing some accuracy and consistency. Understand basic laws of the game.</p>	<p>Hockey Develop knowledge of laws of the game. Develop technique and performance Batting (attacking and defensive) Fielding skills Stick techniques Show some accuracy in technique</p> <p>Squash Develop understanding of the basic laws of the game. Develop</p>	<p>Football Be able to assist/ lead planned sport/physical activity sessions in the community/clubs they are a part of outside of the school setting. Basic skills and drills. Development as a team. Competition Develop use of KS3 skills within competitive situations, showing</p>

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	<p>They will play collaboratively in both uneven and then even sided games. Pupils will be encouraged to think about how to use skills, strategies and tactics to outwit the opposition. They develop their understanding of the importance of fair play and honesty while self-managing games, as well as developing their ability to evaluate their own and others' performances.</p> <p>Tennis Use the range of shots to outwit</p>	<p>performance Short Service High Service Overhead Clear Drop Shot Selection of appropriate shots to outwit opponents.</p>	<p>Indoor Athletics Health and safety aspects Develop technique and performance in; Sprinting, Jumping, Throwing, Bouncing, Obstacle course and Relays- focus on technique / identifying good technique and areas to develop.</p> <p>Table Tennis Use the range of shots to outwit opponents in competitive games. - Demonstrate consistency and accuracy in shots</p>	<p>Dodgeball Develop technique and improve performance Passing Catching Throwing Shooting Small team games tactics/strategies to outwit opponents, showing some consistency and accuracy. Understand the basic laws</p>	<p>technique and performance Service Forehand Backhand Drive Speed & agility</p>	<p>control, fluency and accuracy. To use tactics and strategy to outwit opponents and explain how it works.</p> <p>Goalball Inclusive game - why does it exist? Be able to use alternative senses to compete in a sport. Appreciate the challenge / amazing ability of some visually impaired athletes and the challenges it presents. Hand/eye coordination. Analyse their performances</p>
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	<p>opponents in competitive games. - Demonstrate consistency and accuracy in shots played. - Analyse performance and identify areas to improve to achieve personal best. Be able to give clear feedback to others.</p>		<p>played. - Analyse performance and identify areas to improve to achieve personal best.</p>			<p>compared to previous ones and demonstrate improvement to achieve their personal best</p> <p>Athletics Health and safety aspects. - Develop technique and performance demonstrating power and to show accuracy and consistency in; - Track events (running) and - field events (throwing and jumping) - focus on technique / identifying good technique and areas to develop. - Use of English Schools athletics</p>
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						records to establish bronze, silver and gold awards in events.
Assessment	Pupils knowledge and understanding is supported and assessed through the use of formative and summative assessments, ensuring our pupils know more and remember more.					

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Year 8						
Knowledge & skills						
Assessment						
Personal Development						
Reading						
Cross curricular links						

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Year 9						
Key content & skills						
Assessment						
Personal Development						
Reading						
Cross curricular links						