

# Primary PE and Sports Premium Report

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

## School overview

Detail	Data
School name	Eden School
Number of pupils in school	54
Proportion (%) of eligible pupils	9.2%
Date this statement was published	November 2022
Date on which it will be reviewed	Sep 2023
Statement authorised by	Jen Ashworth Headteacher
Sports funding lead	Emma Frith
Governor / Trustee lead	Jemma Stuttard

## Funding overview

Detail	Amount
Sports Premium funding allocation this academic year	£5,000

### Part A: P.E Sports funding

#### Statement of intent

We are committed at Eden to deliver high quality PE provision for our children, "Sport has the power to change the world. It has the power to inspire, it has the power to unite people in a way that little else does. It speaks to youth in a language they understand... It laughs in the face of all types of discrimination...the rules of the game are the same for everyone, and behaviour is guided by fair play and good sportsmanship"  
Nelson Mandela, 2000

At Eden School, the intent of Physical Education is to help develop the positive physical and mental health of our students, embedding life skills that will have a positive impact on their future.

Eden School recognises the vital contribution of physical education to a child's physical, cognitive, social and emotional development as well as the role it can play in a child's spiritual, moral and cultural development. Eden pupils are often from a socio-economically deprived area and have often missed opportunities to develop their skills

and often enter the school with poor educational experiences and low confidence and self-esteem.

We aim to create a safe and supportive environment which inspires all children to take part in PE. We aim to provide a broad and balanced P.E. curriculum to aid children's increasing self-confidence in their ability to manage themselves and their bodies within a variety of movement situations. By building and supporting these key areas we hope pupils will develop a positive relationship with PE which will last for life.

We follow the National Physical Education Curriculum at KS2, KS3 and KS4.

The PE department is very passionate about physical activity and sport, believing that there is a sport or exercise choice for everyone.

The department prides itself on personalised teaching that gives every pupil the opportunity to reach their full potential by building upon existing skills and excellent assessment for learning strategies. We inspire to contribute an active and enthusiastic generation with the necessary skills to confidently compete in a range of different sports. We strive to give children the tools and understanding to make a positive impact on their own physical health and wellbeing by maintaining an active and healthy lifestyle.

The PE department's assessment at Key stage 3 reflects our aim of developing the whole child. We assess students on their: thinking skills (head) including knowledge and understanding; Skills and application (hands) including skills, techniques, fitness, tactics and problem solving; Motivation and effort (heart) including respect, effort and resilience. Assessment in this format enables students to understand their strongest areas and actively address areas of weakness.

Teaching and learning in PE at Eden follows a process of stepped learning, whereby students will develop core skills and tactical understanding, which build upon each other throughout Key Stages 2, 3 and 4.

We aim to provide challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.

We provide opportunities for children to learn how to stay safe by starting swimming lessons in KS2 and continuing until children have become confident in the water, knowing how to keep safe and also meet the National Curriculum requirements of swimming 25m by the end of Year 6.

Our KS3 and KS4 core PE curriculum aims to improve the wellbeing and fitness of all pupils at Eden School not only through the sporting skills taught, but also through the underpinning values and disciplines PE promotes. Within our lessons, students are taught about self-discipline and that to be successful you need to take ownership and responsibility of their own health and fitness.

By the time they leave school, students will have a good foundation of knowledge and skills that will allow them to make informed choices about their health, well-being and

what sports are available to them. Our core aim is that they leave with a passion for sport or physical activity and an enthusiasm to lead a healthy, active lifestyle.

## Intended outcomes

This explains the outcomes we are aiming for **by the end of our current strategy plan**, and how we will measure whether they have been achieved.

Intended outcome	Success criteria
Team building activity - PGL and PE lessons	Children are able to complete tasks together, take turns when necessary and communicate.
Develop social skills and independence.	Students can be polite to each other and encourage others to be successful.
All primary age children take swimming lessons - by Year 6 swim 25m and be aware of water safety.	By the end of Year 6 children can swim 25m and are aware of how to keep themselves safe when near to water.

## Activity in this academic year

This details how we intend to spend our pupil premium (and recovery premium funding) **this academic year** to address the challenges listed above.

### Teaching

Budgeted cost: £5000.00

Activity	Evidence that supports this approach	Challenge number(s) addressed
Swimming Lessons	Termly swimming lessons for all year 5 and 6 children	15
PGL Activity	1 night stay at PGL activity centre with year 5 and 6 children	17

**Total budgeted cost:** £5,000

## Part B: Review of outcomes in the previous academic year

### Primary PE and Sports Premium

This details the impact that our sports premium activity had on pupils in the 2021 to 2022 academic year.

We used the £1000 to provide swimming lessons to all our primary children.

For some this was the first opportunity that they had ever had to be in a pool . It also proved to be beneficial for the mental health of some of our pupils who found the sensory aspects important and something that they looked forward to each week. It gave children the confidence to go to the pool with friends and parents later and one child continued lessons over the summer due to the benefits that his family felt the activity provided for them. It also provided a vital reference point for our water safety work that we conduct regularly in school to remind our pupils of the dangers of water and open water when they are out in the community.