

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 7	Healthy Eating 7 Weeks	Healthy Eating 8 Weeks	Healthy Eating 6 Weeks	Healthy Eating 6 Weeks	Healthy Eating 6 Weeks	Licence to Cook 5 Weeks
Knowledge & Skills	Welcome to Food Deli Salad The Eatwell Guide. The Diet Vegetable Soup. Energy Harvest Festival	Starchy Carbohydrates Savoury Crumble Cereal In the Dairy Pizza Toast Bread. Eggs. Frittata	Packed with Protein Something Fishy Vitamins & Minerals. Tuna Pasta Bake Product analysis Breakfast Muffins	Meal Making Stir Fry. Hygiene & Safety Curry in a Hurry World Foods Koftas	Where Food comes from/Food origins Savoury Rice Farming & Processing Pizza Wheels Create a Dish Meals for Mates	Getting to grips Top toastie Brilliant baking Soup-er! Batch bake
Assessment	Focus 5 (5-minute retrieval at the start of the lesson from previous lesson). Weekly retrieval sheet. End of topic test worksheet / weekly. End of term test multiple topics.	Focus 5 (5-minute retrieval at the start of the lesson from previous lesson). Weekly retrieval sheet. End of topic test worksheet / weekly. End of term test multiple topics.	Focus 5 (5-minute retrieval at the start of the lesson from previous lesson). Weekly retrieval sheet. End of topic test worksheet / weekly. End of term test multiple topics.	Focus 5 (5-minute retrieval at the start of the lesson from previous lesson). Weekly retrieval sheet. End of topic test worksheet / weekly. End of term test multiple topics.	Focus 5 (5-minute retrieval at the start of the lesson from previous lesson). Weekly retrieval sheet. End of topic test worksheet / weekly. End of term test multiple topics.	Focus 5 (5-minute retrieval at the start of the lesson from previous lesson). Weekly retrieval sheet. End of topic test worksheet / weekly. End of term test multiple topics.