



FOOD ALLERGY NOTICE

Please be advised that food prepared and served here may contain: Cereals containing gluten, Crustaceans, Eggs, Fish, Peanuts, Soy, Milk, Nuts, Celery & Celeriac, Mustard, Sesame seeds, Sulphur dioxide & sulphites, Lupin, Mollusc

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------|--|--|--|---|--|
| OPTION 1 MEAT DISH | Roast Chicken In Gravy with Roast Potatoes Broccoli, Cauliflower & Yorkshire Pudding | Sausage With Mash Potato & Baked Beans | Tuna Pasta Bake With Mixed Vegetables | Mince Beef Lasagne With Chopped Salad & Garlic Bread | Chicken Burger With Chips & Garden Peas |
| OPTION 2 VEGETARIAN DISH | Swedish Quorn Meatballs in Arrabiata Sauce With Spaghetti | Vegetable Balti Curry With Boiled Rice & Mini Naan | Cheese Pizza With Seasoned Wedges & Mixed Vegetables | Jacket Potato With Cheese & Beans Or Tuna Mayonnaise Salad & Butter | Quorn Beef Burger With Chips & Garden Peas |
| OPTION 3 HOT SNACK | Sausage Tea Cake | Fish Finger Tea Cake | Chicken Tikka, Ham Or Tuna & Cheese Panini | Southern Style Chicken In A Bun | Chicken Tikka, Ham Or Tuna & Cheese Panini |
| OPTION 4 SANDWICH OR SALAD | Egg, Tuna, Cheese or Ham On White Or Wholemeal | Egg, Tuna, Cheese or Ham On White Or Wholemeal | Egg, Tuna, Cheese or Ham On White Or Wholemeal | Egg, Tuna, Cheese or Ham On White Or Wholemeal | Egg, Tuna, Cheese or Ham On White Or Wholemeal |
| OPTION 5 TORTILLA WRAP | Tuna, Cheese, Ham Or Chicken Tikka | Tuna, Cheese, Ham Or Chicken Tikka | Tuna, Cheese, Ham Or Chicken Tikka | Tuna, Cheese, Ham Or Chicken Tikka | Tuna, Cheese, Ham Or Chicken Tikka |



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| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|---|
| OPTION 1 MEAT DISH | Chicken Tikka Curry With Boiled Rice & Mini Naan | Chicken & Ham Pasta Bake With Sweetcorn | Cottage Pie With Mixed Vegetables | Lincolnshire Fishcake With Seasoned Wedges & Carrots & Sweetcorn | Beef Burger With Chips & Garden Peas |
| OPTION 2 VEGETARIAN DISH | Veg Lasagne With Chopped Salad & Garlic Bread | Cheese & Onion Pie With Mash Potato & Baked Beans | Noodles With Chilli Vegetables & Vegetable Spring Roll | Cheese & Potato Bake With Carrots & Sweetcorn | Quorn Southern Fried Burger With Chips & Garden Peas |
| OPTION 3 HOT SNACK | Sausage Tea Cake | Fish Finger Tea Cake | Chicken Tikka, Ham Or Tuna & Cheese Panini | Southern Style Chicken In A Bun | Chicken Tikka, Ham Or Tuna & Cheese Panini |
| OPTION 4 SANDWICH OR SALAD | Egg, Tuna, Cheese or Ham On White Or Wholemeal | Egg, Tuna, Cheese or Ham On White Or Wholemeal | Egg, Tuna, Cheese or Ham On White Or Wholemeal | Egg, Tuna, Cheese or Ham On White Or Wholemeal | Egg, Tuna, Cheese or Ham On White Or Wholemeal |
| OPTION 5 TORTILLA WRAP | Chicken Tikka, Ham Tuna Or Cheese | Chicken Tikka, Ham Tuna Or Cheese | Chicken Tikka, Ham Tuna Or Cheese | Chicken Tikka, Ham Tuna Or Cheese | Chicken Tikka, Ham Tuna Or Cheese |